

MP and Newspaper Branch Directory

This directory includes the phone number and e mail of MP's in branch areas. In instances where the phone number or e mail has not been given, an online contact web address and House of Commons switch board address has been given.

www.writetothem.com (a useful resource, especially if your MP is not included on the list below.)

<http://www.parliament.uk/mpslordsandoffices/index.cfm> (gives a full directory of all MP's and Lords, you can search the database by MP's name, constituency etc, so I would recommend looking on here if your MP is not on the list.)

Bath

M.P & Constituency	E-Mail	Phone Number
Bath- Mr Don Foster	don@donfoster.co.uk	01225 338 973

Bedford

Bedford-Richard Fuller	richard.fuller.mp@parliament.uk	020 7219 7012
Mid Bedfordshire- Nadine Dorries	dorriesn@parliament.uk	020 7219 5928
North East Bedfordshire- Alistair Burt	burta@parliament.uk	020 7219 8132
South West Bedfordshire- Andrew Selous	selousa@parliament.uk	020 7219 8134

Birmingham

M.P & Constituency	E-Mail	Phone Number
Birmingham, Edgbaston -Ms Gisela Stuart	stuartg@parliament.uk	0121 454 5430
Birmingham, Erdington – Mr Jack Dromey	jack.dromey.mp@parliament.uk	020 7219 0903
Birmingham, Hall	godsiffr@parliament.uk	020 7219

Green - Mr Roger Godsiff		5191
Birmingham, Hodge Hill -Mr Liam Byrne	byrnel@parliament.uk	0121 789 7287
Birmingham, Ladywood Shabana Mahmood	shabana.mahmood.mp@parliament.uk	0121-551 2869
Birmingham, Northfield Richard Burden	burdenr@parliament.uk	0121 475 9295
Birmingham, Perry Barr Mr Khalid Mahmood	mahmoodk@parliament.uk	0121-356 8264/8
Birmingham, Selly Oak Mr Steve McCabe	mccabes@parliament.uk	0121-443 3878
Birmingham, Yardley John Hemming	hemmingj@parliament.uk	0121-722 3417

Brighton

M.P & Constituency	E-Mail	Phone Number
Brighton, Kemptown Simon Kirby	020 7219 7024	simon.kirby.mp@parliament.uk
Brighton, Pavilion- Dr Caroline Lucas	020 7219 7025	caroline.lucas.mp@parliament.uk

Bristol

M.P & Constituency	E-Mail	Phone Number
Bristol East- Kerry McCarthy	mccarthyk@parliament.uk	020 7219 4510
Bristol North West- Charlotte Leslie	charlotte.leslie.mp@parliament.uk	0117-926 9427
Bristol South- Rt Hon Dawn Primarolo	primarolod@parliament.uk	0117-909 0063
Bristol West- Stephen Williams	stephenwilliamsmp@parliament.uk	0117-942 3494

Burton on Trent

M.P & Constituency	E-Mail	Phone Number
Mrs Janet Dean	deanj@parliament.uk	020 7219 6320
South Derbyshire — Mr Mark Todd	markwtodd@btconnect.com	01283 551573

Cambridge

M.P & Constituency	E-Mail	Phone Number
Cambridge- Julian Huppert	julian.huppert.mp@parliament.uk	01223 304421
North East Cambridgeshire- Steve Barclay	stephen.barclay.mp@parliament.uk	01354 692015
North West Cambridgeshire- Shailesh Vara	varas@parliament.uk	01733 239467
South Cambridgeshire- Rt Hon Andrew Lansley	lansleya@parliament.uk	01954 212707
South East Cambridgeshire- Jim Paice	paicejet@parliament.uk	020 7219 1347

Cardiff

Cardiff Central- Jenny Willott	willottj@parliament.uk	029 2066 8558
Cardiff North- Jonathan Evans	jonathan.evans.mp@parliament.uk	029 2061 3539
Cardiff South and Penarth- Rt Hon Alun Michael	alunmichaelmp@parliament.uk	029 2022 3533
Cardiff West- Kevin Brennan	brennank@parliament.uk	029 2022 3207

Chelmsford

M.P & Constituency	E-Mail	Phone Number
Mr Simon Burns	burnss@parliament.uk	020 7219

		6811
Saffron WaldAlan Haselhurst	haselhursta@parliament.uk	01799 506349

Crawley

M.P & Constituency	E-Mail	Phone Number
Crawley — Henry Smith	henry.smith.mp@parliament.uk	01293 934554
East Surrey — Sam Gyimah	sam.gyimah.mp@parliament.uk	01883 715782
Horsham — Rt Hon Francis Maude	francismaudemp@parliament.uk	01403 242000
Mid Sussex — Hon Nicholas Soames	soamesn@parliament.uk	01444 452590

Dartford

M.P & Constituency	E-Mail	Phone Number
Gareth Johnson	gareth.johnson.mp@parliament.uk	01322 220704

Edinburgh

Edinburgh East- Sheila Gilmore	sheila.gilmore.mp@parliament.uk	0131-661 7522
Edinburgh North and Leith-Mark Lazarowicz	lazarowiczm@parliament.uk	0131-557 0577
Edinburgh South- Ian Murray	ian.murray.mp@parliament.uk	0131-662 4520
Edinburgh South West-Rt Hon Alistair Darling	darlinga@parliament.uk	0131-476 2552
Edinburgh West- Mike Crockart	mike.crockart.mp@parliament.uk	0131-339 0339

Epsom

Epsom and Ewell- Rt Hon Chris Grayling	graylingc@parliament.uk	01372 271036
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Exeter

M.P & Constituency	E-Mail	Phone Number
Exeter — Rt Hon Ben Bradshaw	bradshawb@parliament.uk	01392 275004
Tiverton and Honiton — Neil Parish	neil.parish.mp@parliament.uk	01395 233503

Farnham

South West Surrey-Rt Hon Jeremy Hunt	huntj@parliament.uk	020 7219 6813
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Glasgow

Glasgow Central-Anas Sarwar	anas.sarwar.mp@parliament.uk	020 7219 3000
Glasgow East-Margaret Curran	margaret.curran.mp@parliament.uk	020 7219 8102
Glasgow North-Ann McKechin	mckechina@parliament.uk	0141-946 1300
Glasgow North-East-Willie Bain	bainw@parliament.uk	0141-557 2513
Glasgow North West-John Robertson	robertsonjo@parliament.uk	0141-944 7298
Glasgow South-Tom Harris	tomharrismp@parliament.uk	0141-649 9780
Glasgow South West-Ian Davidson	iandavidsonmp@parliament.uk	0141-621 2216

Hemel Hempstead

M.P & Constituency	E-Mail	Phone Number
Hemel Hempstead-Mike Penning	penningm@parliament.uk	01442 450444

Lancaster

M.P & Constituency	E-Mail	Phone Number
Lancaster and Fleetwood- Eric Ollerenshaw	eric.ollerenshaw.mp@parliament.uk	01995 672975
Morecambe and Lunesdale -David Morris	david.morris.mp@parliament.uk	01524 411059

Leeds

M.P & Constituency	E-Mail	Phone Number
Rt Hon Hilary Benn	bennh@parliament.uk	0113 244 1097
Mr George Mudie	http://findyourmp.parliament.uk/constituencies/leeds-east/messages/new	020 7219 3000
Mr Fabian Hamilton	fabian@leedsne.co.uk	0113 249 6600
Greg Mulholland	info@gregmulholland.org	0113 226 6519
Rt Hon John Battle	johnbattle@leedswest.freeseve.co.uk	(0113) 231 0258

Liverpool

M.P & Constituency	E-Mail	Phone Number
Liverpool Riverside-Louise Ellman	ellmanl@parliament.uk	0151-236 2969
Liverpool Walton-Steve Rotheram	steve.rotheram.mp@parliament.uk	020 7219 7101
Liverpool Wavertree-Luciana Berger	luciana.berger.mp@parliament.uk	020 7219 7102
Liverpool West Derby-Stephen Twigg	stephen.twigg.mp@parliament.uk	020 7219 3000

London (Central)

M.P & Constituency	E-Mail	Phone Number
Cities of London	fieldm@parliament.uk	020 7730

and Westminster — Mr Mark Field		8181
Hackney South and Shoreditch — Meg Hillier	meghilliermp@parliament.uk	020 7219 5325
Holborn and St Pancras — Rt Hon Frank Dobson	patelm@parliament.uk	020 7219 4452
Islington South and Finsbury — Ms Emily Thornberry	thornberrye@parliament.uk	020 7219 5676
Bethnal Green and Bow — Rushanara Ali	rushanara.ali.mp@parliament.uk	020 7219 7200, 020 7219 2989

London (North)

M.P & Constituency	E-Mail	Phone Number
Chipping Barnet — Mrs Theresa Villiers	theresa@theresavilliers.co.uk	020 7219 6212
Finchley and Golders Green — Mike Freer	mike.freer.mp@parliament.uk	020 7219 7071
Edmonton — Mr Andy Love	andylovemp@aol.com	020 7219 6377
Enfield North — Nick de Bois	nick.debois.mp@parliament.uk	020 7219 7066
Hornsey and Wood Green — Lynne Featherstone	lynne@lynnefeatherstone.org	020 8340 5459
Enfield, Southgate — Mr David Burrowes	david@davidburrowes.com	020 7219 8144
Tottenham — Rt Hon David Lammy	lammyd@parliament.uk	020 7219 0899
Brent Central — Sarah Teather	teathers@parliament.uk	020 7219 2284
Ealing Central and Acton-Angie Bray	angie.bray.mp@parliament.uk	020 7219 7055
Ealing North- Stephen Pound	stevepoundmp@parliament.uk	020 7219 4312
Ealing Southall- Virendra Sharma	sharmav@parliament.uk	020 7219 6080

Ealing Central and Acton-Angie Bray	angie.bray.mp@parliament.uk	020 7219 7055
Chingford and Woodford Green — Rt Hon Iain Duncan Smith	alambridesl@parliament.uk	020 7219 3000
Epping Forest — Mrs Eleanor Laing	lainge@parliament.uk	0207 219 2086
Walthamstow — Stella Creasy	stella.creasy.mp@parliament.uk	020 8520 6586
East Ham — Rt Hon Stephen Timms	stephen@stephentimms.org.uk	020 7219 3000
Leyton and Wanstead — John Cryer	john.cryer.mp@parliament.uk	020 7219 7100

London (South)

M.P & Constituency	E-Mail	Phone Number
Lewisham West and Penge-Jim Dowd	jimdowd.newlabour@care4free.net	020 8699 2001
Lewisham Deptford-Joan Ruddock	ruddockj@parliament.uk	020 7219 4513
Poplar and Limehouse-Jim Fitzpatrick	fitzpatrickj@parliament.uk	020 7219 5085/6215
Bromley and Chislehurst — Robert Neill	neillb@parliament.uk	020 7219 8471
Eltham — Clive Efford	effordc@parliament.uk	020 8850 5744
Lewisham East — Heidi Alexander	heidi.alexander.mp@parliament.uk	020 8852 3995
Old Bexley and Sidcup — James Brokenshire	brokenshirej@parliament.uk	020 7219 8400
Streatham — Chuka Umunna	chuka.umunna.mp@parliament.uk	020 7219 3000
Dulwich and West Norwood — Rt Hon Tessa Jowell	jowellt@parliament.uk	020 7219 3409
Mitcham and Morden —	mcdonaghs@parliament.uk	020 8542 4835

Siobhain McDonagh		
Putney — Justine Greening	greeningj@parliament.uk	020 8946 4557
Wimbledon — Stephen Hammond	hammonds@parliament.uk	020 7219 3401
Beckenham — Bob Stewart	bob.stewart.mp@parliament.uk	020 7219 7011
Croydon North — Rt Hon Malcolm Wicks	wicksm@parliament.uk	020 7219 4418
Erith and Thamesmead — Teresa Pearce	teresa.pearce.mp@parliament.uk	020 7219 3000
Streatham — Chuka Umunna	chuka.umunna.mp@parliament.uk	020 7219 3000
Vauxhall — Kate Hoey	hoeyk@parliament.uk	0207 219 5989
Croydon Central — Gavin Barwell	gavin.barwell.mp@parliament.uk	020 7219 7044

London West

Hammersmith-Andy Slaughter	slaughtera@parliament.uk	020 7219 4990
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Maidstone

M.P & Constituency	E-Mail	Phone Number
Maidstone and The Weald — Helen Grant	helen.grant.mp@parliament.uk	01622 752463
Faversham and Mid Kent — Hugh Robertson	robertsonh@parliament.uk	01622 851616

Manchester

M.P & Constituency	E-Mail	Phone Number
Manchester Central -Mr Tony Lloyd	loydt@parliament.uk	0161-232 0872
Manchester Gorton-Gerald	kaufmang@parliament.uk	0161-248 0073

Kaufman		
Manchester Withington-John Leech	leechj@parliament.uk	020 7219 8353

Milton Keynes

Milton Keynes North-Mark Lancaster	lancasterm@parliament.uk	020 7219 8414
Milton Keynes South-Iain Stewart	iain.stewart.mp@parliament.uk	01908 686830

Newmarket

M.P & Constituency	E-Mail	Phone Number
South East Cambridgeshire — Mr James Paice	paicejet@parliament.uk	020 7219 1347
South Suffolk — Mr Tim Yeo	timyeomp@parliament.uk	01473 730674
West Suffolk — Mr Matthew Hancock	matthew.hancock.mp@parliament.uk	020 7219 7186

North East

M.P & Constituency	E-Mail	Phone Number
Newcastle upon Tyne Central-Chi Onwurah	chi.onwurah.mp@parliament.uk	020 7219 3000
Newcastle upon Tyne East- Rt Hon Nicholas Brown	nickbrownmp@parliament.uk	0191 261 1408
Middlesbrough- Sir Stuart Bell	contact@stuartbellmp.org	020 7219 3577
Middlesbrough South and East Cleveland- Tom Blenkinsop	tom.blenkinsop.mp@parliament.uk	020 7219 7111
Richmond (Yorks) — Rt Hon	haguew@parliament.uk	020 7219 4611

William Hague		
Stockton South —James Wharton	james.wharton.mp@parliament.uk	020 7219 7236
Houghton and Sunderland South-Bridget Phillipson	bridget.phillipson.mp@parliament.uk	020 7219 7087

Northern Ireland

M.P & Constituency	E-Mail	Phone Number
South Antrim-Dr William McCrea	mccreaw@parliament.uk	028 9334 2727
North Down-Lady Sylvia Hermon	hermons@parliament.uk	020 7219 8491
Strangford-Jim Shannon	jim.shannon.mp@parliament.uk	028 9182 7990
Newry and Armagh- Conor Murphy	murphyc@parliament.uk	020 7219 8534
North Antrim Rt Hon Ian Paisley	ian.paisley.mp@parliament.uk	020 7219 7116
Lagan Valley Rt Hon Jeffrey M. Donaldson	jeffreydonaldsonmp@laganvalley.net	028 9266 8001
South Down-Margaret Ritchie	margaret.ritchie.mp@parliament.uk	020 7219 3000
Upper Bann David Simpson	simpsond@parliament.uk	020 7219 8533
Belfast East Naomi Long	naomi.long.mp@parliament.uk	020 7219 3000
Belfast North -Mr Nigel Dodds	doddsn@parliament.uk	020 7219 8419
Belfast South Dr Alasdair McDonnell	mcdonnella@parliament.uk	020 7219 8528
Belfast West Mr Gerry Adams	adamsg@parliament.uk	028 9022 3000
East Antrim Sammy Wilson	lewis@parliament.uk	020 7219 8523
Strangford Jim Shannon	jim.shannon.mp@parliament.uk	020 7219 7160

East Londonderry Mr Gregory Campbell	campbellg@parliament.uk	020 7219 8495
Mid Ulster Mr Martin McGuinness	sinnfeincookstown@yahoo.com	020 7219 8157
Foyle- Mark Durkan	durkanm@parliament.uk	020 7219 5096
Fermanagh & South Tyrone Michelle Gildernew	gildernewm@parliament.uk	028 8772 2776
Newry & Armagh Conor Murphy	murphyc@parliament.uk	020 7219 8534
West Tyrone -Mr Pat Doherty	dohertyp@parliament.uk	020 7219 8159

Northampton

M.P & Constituency	E-Mail	Phone Number
Northampton North-Michael Ellis	michael.ellis.mp@parliament.uk	020 7219 7220
Northampton South-Mr Brian Binley	binleyb@parliament.uk	020 7219 8298
South Northamptonshire-Andrea Leadsom	andrea.leadsom.mp@parliament.uk	020 7219 7149

Norwich

M.P & Constituency	E-Mail	Phone Number
Norwich North-Chloe Smith	chloe@chloesmith.org.uk	020 7219 8449
Norwich South-Simon Wright	simon.wright.mp@parliament.uk	020 7219 3000

Nottingham

M.P & Constituency	E-Mail	Phone Number
Nottingham East-Chris Leslie	chris.leslie@parliament.uk	020 7219 3000
Nottingham North-Graham Allen	allengw@parliament.uk	020 7219 5065
Nottingham South-Lilian Greenwood	lilian.greenwood.mp@parliament.uk	020 7219 3000

Oxford

M.P & Constituency	E-Mail	Phone Number
Oxford East-Rt Hon Andrew Smith	andrewsmith.mp@gmail.com	01865 595790
Oxford West and Abingdon-Nicola Blackwood	nicola.blackwood.mp@parliament.uk	020 7219 7126

Peterborough

Peterborough-Stewart Jackson	jacksonsj@parliament.uk	020 7219 8286
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Plymouth

M.P & Constituency	E-Mail	Phone Number
Plymouth, Moor View-Alison Seabeck	seabecka@parliament.uk	020 7219 6431
Plymouth, Sutton and Devonport-Oliver Colvile	oliver.colvile.mp@parliament.uk	020 7219 3000
South West Devon — Mr Gary Streeter	mail@garystreeter.co.uk	01752 335666

Reading

M.P & Constituency	E-Mail	Phone Number
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Reading East- Mr Rob Wilson	robwilsonmp@parliament.uk	0118 375 9785
Reading West- Alok Sharma	alok.sharma.mp@parliament.uk	020 7219 3000

Rugby

M.P & Constituency	E-Mail	Phone Number
Rugby - Mark Pawsey	mark.pawsey.mp@parliament.uk	020 7219 7136

Sheffield

M.P & Constituency	E-Mail	Phone Number
Sheffield Central- Paul Blomfield	paul.blomfield.mp@parliament.uk	020 7219 7142
Sheffield South East- Mr Clive Betts	bettsc@parliament.uk	0114 273 4444
Sheffield, Brightside and Hillsborough - Rt Hon David Blunkett	blunkettd@parliament.uk	020 7219 4043
Sheffield, Hallam- Rt Hon Nick Clegg	nickclegg@sheffieldhallam.org.uk	020 7219 3000
Sheffield, Heeley- Meg Munn	munnm@parliament.uk	0144 2582010
Sheffield, Hillsborough- Ms Angela C. Smith	smithac@parliament.uk	0114 2831855

Shrewsbury

Shrewsbury and Atcham- Daniel Kawczynski	kawczynskid@parliament.uk	020 7219 6249
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Solent

Gosport- Caroline	caroline.dinenage.mp@parliament.uk	023 9252 2121
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Dinenage		
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Southport

M.P & Constituency	E-Mail	Phone Number
Southport- Dr John Pugh	pughj@parliament.uk	020 7219 8318
West Lancashire — Rosie Cooper	cooperre@parliament.uk	020 7219 5690

Staines/Egham

M.P & Constituency	E-Mail	Phone Number
Runnymede and Weybridge — Mr Philip Hammond	hammondp@parliament.uk	020 7219 4055
Spelthorne — Mr Kwasi Kwarteng	kwasi.kwarteng.mp@parliament.uk	020 7219 4017
Windsor — Adam Afriyie	afriyiea@parliament.uk	020 7219 8023

Stevenage

Stevenage- Stephen McPartland	stephen.mcpartland.mp@parliament.uk	020 7219 3000
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Swindon

North Swindon- Justin Tomlinson	justin.tomlinson.mp@parliament.uk	020 7219 7167
South Swindon- Robert Buckland	robert.buckland.mp@parliament.uk	020 7219 7168

Wales

Wrexham-Ian Lucas	lucasi@parliament.uk	020 7219 8346
Gower- Martin Caton	catonm@parliament.uk	020 7219 5111

Wirral

Wirral South- Alison McGovern	alison.mcGovern.mp@parliament.uk	020 7219 3000
Wirral West- Esther McVey	esther.mcvey.mp@parliament.uk	020 7219 3000

Local Newspaper Directory by Branch/ Group

Directory containing the local press contacts for all FNF Branch areas. The editor's name, e-mail and phone number has been included where available.

If your area/ local paper are not included in this directory, please consult the following website which should be able to direct your local papers' website.

<http://www.newspapersoc.org.uk/Default.aspx?page=0>

Bath

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Bath Chronicle	news@bathchron.co.uk	01225 322301

Bedford

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Bedfordshire News	editor@LSNmedia.co.uk	01234 300888
Bedfordshire Times & Citizen	editorial@timesandcitizen.co.uk	01234 405060

Birmingham

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Birmingham Post, Alun Thorne	alun.thorne@birminghampost.net	0121 234 5576
Birmingham Mail , David Brookes	david_brookes@mrn.co.uk	0121 234 5688.
Solihull Times , Ross Crawford	solihull_news@mrn.co.uk	0121 705 3545, 0121 704 1823, 0121 234 5452
Solihull News ,	solihull_news@mrn.co.uk	0121 705 3545,

Ross Crawford		0121 704 1823, 0121 234 5452
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Brighton

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Brighton & Hove Leader , Michael Beard	editor@theargus.co.uk	01273 544 501

Bristol

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Bristol Evening Post	epnews@bepp.co.uk	0117 9343330
Bristol Observer	mchaiken@bristolobserver.com	

Burton on Trent

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Burton Mail	editor@burtonmail.co.uk	01283 512345

Cambridge

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Cambridge News	newsdesk@cambridge-news.co.uk	01223 434437
Cambs Times, John Elworthy	Please contact via: http://www.cambstimes.co.uk/contact-us/contact-us	

Chelmsford

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Chelmsford Weekly News, Steve Lewis	steve.lewis@nqe.com	Editor's secretary: 0844 4774 376

Crawley

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Crawley Observer , Kirk Ward	kirk.ward@sussexnewspapers.co.uk	01293 845076

Dartford

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
The Dartmouth Chronicle , Steve Harvey	shn@internet-today.co.uk	01548 856353
Dartford Messenger, Denise Eaton	dartfordmessenger@thekmgroup.co.uk	01474 564 327
Dartford & Swanley News Shopper , Richard Firth	rfirth@london.newsquest.co.uk	01689 885706

Edinburgh

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Edinburgh - Evening News	Contact online via this website: http://edinburghnews.scotsman.com/contactus.aspx	0131-620 8620

Epsom

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Epsom Guardian , Andrew Parkes	aparkes@london.newsquest.co.uk	

Exeter

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Exeter Express & Echo	echonews@expressandecho.co.uk	(01392) 442238

Farnham

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Farnham Herald	farnham-herald@tindlenews.co.uk	01252 725224

Glasgow

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Glasgow South & Eastwood Extra	Please contact via website: http://www.glasgowsouthandeastwoodextra.co.uk/contactus.aspx	0141 427 7878

Hemel Hempstead

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Hemel Hempstead Gazette	editorial@hemelgazette.co.uk	01442 898488
Hemel Hempstead Herald Express	editorial@hemelgazette.co.uk	01442 898488

Lancaster

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Lancaster and Morecambe Citizen	Contact online at- http://www.thelancasterandmorecambecitizen.co.uk/my/contactus/	
Lancaster Guardian	guardian@lmnews.co.uk	01524 32525

Leeds

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
(Leeds) Yorkshire Evening Post	Editor to be contacted online- http://www.yorkshireeveningpost.co.uk/contactus.aspx	01132 432701

Liverpool/Wirral

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Liverpool Daily Post Mark Thomas	Email is not given; please contact the executive editor Andrew Campbell on andrewcampbell@liverpool.co.uk	0151 472 2505
Liverpool Echo , Alastair Machray	Alastair Machray's e-mail is not given, please contact Andrew Campbell (Executive Editor) on andrew.campbell@liverpool.com	0151 472 2507
Wirral Globe , Leigh Marles	lmables@wirral-globe.co.uk	0151 906 3054
Wirral News , Jane Clare	Wirral News Newsdesk newsdesk@wirralnews.co.uk	0151 330 5006

London (Central)

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
London Evening Standard , Georgie Greig	geordie.greig@standard.co.uk	020 3367 7000
Richmond and Twickenham Times , Andrew Parkes	aparkes@london.newsquest.co.uk	020 8744 4288
Wimbledon Guardian , Andrew Parkes	aparkes@london.newsquest.co.uk	
City AM, Allister Heath	allister.heath@cityam.com	+44 207 015 1200
Metro, Sarah Getty	news.london@ukmetro.co.uk	020 7651 5342
London Indy media	Contact online at- http://www.indymedia.org.uk/en/regions/london/static/contact.html	

London (North)

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Camden New Journal	letters@camdennewjournal.co.uk	020 7419 9000
Barnet Times , Rachel Sharp	rsharp@london.newsquest.co.uk	020 8359 5959

Watford Observer , Peter Wilson-Leary	pwilson-leary@london.newsquest.co.uk	01923 216216
Chingford Guardian , Amanda Patterson	apatterson@london.newsquest.co.uk	01992 572 285
Wanstead - Woodford Guardian , Amanda Patterson	apatterson@london.newsquest.co.uk	01992 572 285
Leyton Guardian , Amanda Patterson	apatterson@london.newsquest.co.uk	01992 572 285
Walthamstow Guardian , Amanda Patterson	apatterson@london.newsquest.co.uk	01992 572 285
Waltham Forest & West Essex Guardian , Amanda Patterson	apatterson@london.newsquest.co.uk	01992 572 285
Wanstead & Woodford Guardian , Amanda Patterson	apatterson@london.newsquest.co.uk	01992 572 285
Ilford Recorder ,	Please contact via: http://www.ilfordrecorder.co.uk/contact-us	020 8478 4444
Islington Gazette	Please contact us via: http://www.islingtongazette.co.uk/contact-us/contact-us	020 7433 6240
Edgware Times , Rachel Sharp	rsharp@london.newsquest.co.uk	020 8359 5959
Luton and Dunstable Express , Chris Gill	chris.gill@Lutononsunday.co.uk	
Epping Guardian , Amanda Patterson	apatterson@london.newsquest.co.uk	01992 572 285
Billericay Weekly News , Martin McNeill	echonews@nqe.com	0844 4774 463

Barking & Dagenham Post	Please contact via the following link: http://www.bdpost.co.uk/contact-us/contact_us_2_2926	020 8478 4444
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Basildon Yellow Advertiser , Steve Neale	steveneale@yellowad.co.uk	01268 503463
Basildon and Wickford Recorder Martin McNeill	echo.editor@nqe.com	0844 4774 463
Basildon Evening Echo , Martin McNeill	< echo.editor@nqe.com >	0844 4774 463
Bracknell News , Rebecca Johnson	rjohnson@berksmedia.co.uk	0118 955 3316
Bracknell & Wokingham Standard Vicky Corbett	editorial@wokingham-times.co.uk	0118 918 3030
Watford Observer , Peter Wilson-Leary	pwilson-leary@london.newsquest.co.uk	01923 216216
Redbridge Guardian , Andrew Parkes	aparkes@london.newsquest.co.uk	
Redbridge Yellow Advertiser , Suzi Muston	redbridge@yellowad.co.uk	01268 503467
East London and West Essex Guardian Series , Amanda Patterson	apatterson@london.newsquest.co.uk	01992 572 285
Essex County Standard , Aynsley Davidson	ecs.news@nqe.com	01206 508272

London (South)

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Bexley Times	Please contact via the link below: http://www.bexleytimes.co.uk/contact-	020 8269 7000

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Croydon Guardian, Andrew Parkes	aparkes@london.newsquest.co.uk	020 8329 9244
Bromley Times	Please contact via: http://www.bromleytimes.co.uk/contact-us	020 8269 7000
Bromley & Hayes News Shopper , Richard Firth	rfirth@london.newsquest.co.uk	01689 885706
South London Press, Hannah Walker	hannah.walker@slp.co.uk	020 8710 6506
Lewisham & Catford News Shopper , Richard Firth	rfirth@london.newsquest.co.uk	01689 885706
Lewisham & Greenwich Mercury Group , Hannah Walker	hannah.walker@slp.co.uk	020 8710 6506
Kent Messenger , Bob Bounds	bbounds@thekmgroup.co.uk	01622 695666
Kent on Sunday , Bob Bounds	bbounds@thekmgroup.co.uk	01622 695666
Kent & Sussex Courier , Bob Bounds	Please see link http://www.thisiskent.co.uk/contact.html for contact details for different parts of Kent	
Gravesend Messenger Denise Eaton	gravesendmessenger@thekmgroup.co.uk	01474 564 327
Gravesend Reporter	Please contact us via following link: http://www.gravesendreporter.co.uk/contact-us	01474 320753
Medway Messenger , Bob Bounds	There is email address for: Sarah Clarke (Senior news editor) sclarke@thekmgroup.co.uk	01622 695666
Medway News ,	please see link http://www.thisiskent.co.uk/contact.html for contact details for different parts of Kent	

Medway Standard ,	please see link http://www.thisiskent.co.uk/contact.html for contact details for different parts of Kent	
Sutton Guardian , Andrew Parkes	aparkes@london.newsquest.co.uk	
Bexley Times	Please contact via this link: http://www.bexleytimes.co.uk/contact-us	020 8269 7000
Bexley News Shopper , Richard Firth	rfirth@london.newsquest.co.uk	01689 885706
Bromley & Hayes News Shopper , Richard Firth	rfirth@london.newsquest.co.uk	01689 885706

London West

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Hammersmith & Fulham Independent	enquiries@londonlocals.co.uk	020 89613345

Maidstone

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
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East Grinstead Observer , Glenn Ebrey	editor@crawleynews.co.uk	01293 597610

Manchester

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Manchester Metro News	news@myadvertiser.co.uk	
Manchester Evening News , Maria McGeoghan	Please email news editor Sarah Lester via: newsdesk@men-news.co.uk	0161 832 7200
(South) Manchester Reporter	southmanchesterreporter@menmedia.co.uk	Newsdesk - 0161 446 2213

(North East) Manchester Advertiser	nemadvertiser@menmedia.co.uk	0161 211 2119
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Milton Keynes

Newspaper & Editors' name	Editor, E-Mail	Number
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Newmarket

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Newcastle Evening Chronicle, Paul Robertson	paul.robertson@ncjmedia.co.uk	0191 201 6231
Northumberland Gazette	northumberland.gazette@northeast-press.co.uk	01665 602234
Northumberland News Post Leader	news.leader@northeast-press.co.uk	0191 251 8383
Gateshead Chronicle eXTRA , Paul Robertson	paul.robertson@ncjmedia.co.uk	0191 201 6231
Durham Times , Tony Kearney	tony.kearney@nne.co.uk	0191 384 2261
Metro North East , Kenny Campbell	Contact via http://www.metro.co.uk/contact	general enquiries: 020 7651 5200
(Middlesborough)	news@eveninggazette.co.uk	01642

NE Evening Gazette		234355/2342 27 01642 245401
Sunderland Echo	Please contact online at: echo.news@northeast-press.co.uk	0191 501 5800

Northern Ireland

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Antrim Times	Online Contact at http://www.antrimtimes.co.uk/contactus.aspx	
Ballycastle Chronicle,	Louise Glass and Aine McGrady ballycastle.news@thechronicle.uk.com	028 2076 1282
Ballyclare Gazette	Louise Murphy: newsdesk@ballyclaregazette.co.uk	028 9335 2967
Ballymena Times, Des Blackadder	dessie.blackadder@jpress.co.uk	028 25653300
Ballymena Guardian, Jim Flanagan	editor@ballymenaguardian.co.uk	028 2564 1221
Ballymoney & Moyle Times	Contact Online at http://www.ballymoneytimes.co.uk/contactus.aspx	
Banbridge & Dromore Leader	Contact online at http://www.banbridgeleader.co.uk/contactus.aspx	
Belfast News Letter, Darwin Templeton	darwin.templeton@jpress.co.uk	028 38393939
Belfast Telegraph	writeback@belfasttelegraph.co.uk	(028) 90 264000
Carrick Fergus Advertiser	David Hall: editor@carrickadvertiser.co.uk	028 9336 3651
Carrick Gazette, Robin Young	robin.young@carrickgazette.com	01465 712688
Coleraine Chronicle	John Fillis, editor@thechronicle.uk.com	028 7034 3344

Coleraine Leader	Louise Glass, news@theleader.uk.com	028 7034 3344
Coleraine Northern Constitution	Jenny Church, editor@northernconstitution.co.uk	028 7776 2130
Coleraine Times , David Rankin	david.rankin@colerainetimes.co.uk >	02870357610
Mid-Ulster Mail	Contact online at- http://www.midulstermail.co.uk/contactus.aspx	
Derry Journal , Sean McLaughlin	sean.mclaughlin@derryjournal.com	02871 272254
Down Democrat , Jackie McKeown	Jackie.McKeown@newrydemocrat.com	00 44 (0) 28 30 25 12 50
Dromore Leader	Contact online at http://www.dromoreleader.co.uk/contactus.aspx	
Evening Echo , Maurice Gubbins	maurice.gubbins@eecho.ie	021-4802293
Farm Week , Robert Irwin	fweditorial@farmweek.com	028 9033 4480
Ireland Click ,	Please contact via: http://www.belfastmedia.com/contact_us.php	
Irish Examiner	editor@examiner.ie	353 21 4272722.
The Irish News , Noel Doran	Contact via: http://www.irishnews.com/Contactus.aspx	+44 2890 322226
The Impartial Reporter	editorial@impartialreporter.com	028 6632 4422
Fermanagh Herald	editor@fermanaghherald.com	028 6632 2066
Larne Gazette	John Brownlow: news@larnegazette.co.uk	028 2827 7450
Larne Times	Contact online at http://www.larnetimes.co.uk/contactus.aspx	
Limavady Chronicle	Jenny Church: editor@northernconstitution.co.uk	028 7776 2130
Limavady Northern Constitution	Jenny Church: editor@northernconstitution.co.uk	028 7776 2130

Ulster Star , David Fletcher	david.fletcher@ulsterstar.co.uk	02892 679111
Londonderry Sentinel	Contact Online at http://www.londonderrysentinel.co.uk/ContactUs.aspx	
Magherafelt Northern Constitution	Niamh Archibald and Gemma McLaughlin: magherafelt.news@northernconstitution.co.uk	028 7963 2686
Mid Ulster Mail	Contact online at http://www.midulstermail.co.uk/contactus.aspx	
Newry Democrat , Jackie McKeown	Jackie.McKeown@newrydemocrat.com	00 44 (0) 28 30 25 12 50
Newshound	info@nuzhound.com	
NewsNow Headlines	Contact online at http://www.newsnow.co.uk/contact/	
North Belfast News , Maria McCourt	m.mccourt@belfastmediagroup.com	+44(0) 2890584444 (option 1)
The County Down Outlook	Alan McVeigh: news@outlooknews.co.uk	028 4063 0202
Portadown Times , Alistair Bushe	alistair.bushe@portadowntimes.co.uk	02838336111
South Belfast News, Maria McCourt	m.mccourt@belfastmediagroup.com	+44(0) 2890608807
Strabane Chronicle	editor@strabanechronicle.com	028 7188 2100
Strabane Weekly News	news@strabaneweekly.co.uk	028 7188 6869
Sunday Business Post	sbpost@iol.ie	+ 353 (0) 1 602 6000
Tyrone Constitution	news@tyronecon.co.uk	028 8224 2721
Tyrone Courier	newsdesk@tyronecourier.uk.com	028 8772 2271
Tyrone Times & Dungannon Gazette	Contact online at http://www.tyronetimes.co.uk/contactus.aspx	02887 752801
Ulster Gazette	newsdesk@ulstergazette.co.uk	028 3752 2639
Ulster Herald	editor@ulsterherald.com	028 8224 3444
Ulster Star - Lisburn Today , David Fletcher	david.fletcher@ulsterstar.co.uk	02892 679111

UTV News	Contact online at http://www.u.tv/utilities/contact-us.aspx	
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Northampton

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Norwich

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Norwich Evening News	Please contact via: http://www.eveningnews24.co.uk/contact-us	01603 628311
Norwich Advertiser	http://www.norwichadvertiser24.co.uk/contact-us	01603 772443

Nottingham

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Nottingham and Long Eaton Recorder Group	newsdesk@nottinghameveningpost.co.uk	(0115) 964 4065.
Nottingham and Long Eaton Topper	editorial.topper@btconnect.com	0115 9696000
Nottingham Evening Post	newsdesk@nottinghameveningpost.co.uk	(0115) 964 4065.

Oxford

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
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Oxford Star , Simon O'Neill	soneill@oxfordmail.co.uk	01865 425401
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Peterborough Evening Telegraph	news@peterboroughtoday.co.uk	01733 588719

Plymouth

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
(Plymouth) Western Morning News	Contact via: http://www.thisiswesternmorningnews.co.uk/wmnjournalists.html	
Plymouth Herald	Please contact via: http://www.thisisplymouth.co.uk/contact.html	
Plymouth Extra	Please contact via: http://www.thisisplymouth.co.uk/contact.html	
Plymouth Sunday Independent	newsdesk@sundayindependent.co.uk	01579 342174
Plympton, Plymstock and Ivybridge News	shn@internet-today.co.uk	Tel: 01548 856353

Portsmouth/Solent

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Reading

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Reading Post,	andymurrill@trinitysouth.co.uk	0118 918

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Rugby/Coventry

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
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Rugby Observer	editor@therugbyobserver.co.uk	01926 451 900
Rugby Review	editorial@rugbyadvertiser.co.uk	01788 539999
Coventry Observer	editor@coventryobserver.co.uk	01926 451 900
Coventry Telegraph , Darren Parkin	darren.parkin@coventrytelegraph.net	024 76 633 633

Sheffield

Newspaper & Editors' name	Editor, E-Mail	Editor, Phone Number
Sheffield Star & Telegraph/ Weekly Gazette	starnews@sheffieldnewspapers.co.uk	0114 276 7676

Shrewsbury

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Shrewsbury Chronicle	Deputy Editor: Mary Queally: mqueally@shropshirestar.co.uk	01952 241435

Southport

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Southport	news24@southportreporter.com	

Reporter		
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Staines/Egham

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Staines News/ Informer	suzytalbot@trinitysouth.co.uk	01932 561111

Stevenage

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Stevenage Comet	Contact online at: http://www.thecomet.net/contact-us	01438 866000

Swindon

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Swindon Advertiser , Dave King	editor@swindonadvertiser.co.uk	01793 528144
Swindon Gazette and Herald	http://www.gazetteandherald.co.uk/my/contactus/	
Swindon Star , Dave King	editor@swindonadvertiser.co.uk	01793 528144

Wales

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Wales on Sunday	Please contact via: http://www.walesonline.co.uk/contact-us/2009/08/11/editorial-contacts-91466-19888454/	029 2022 3333
South Wales Argus , Gerry Keighley	Nicole Garnon (Deputy Editor)'s email address: nicole.garnon@gwent-wales.co.uk	01633 777201
South Wales Echo	Please contact via: http://www.walesonline.co.uk/contact-	

	us/2009/08/11/editorial-contacts-91466-19888454/	
South Wales Golfer	Steve Davies: golfer@gwent-wales.co.uk	01633 777 165
South Wales Guardian , Mike Lewis	mike.lewis@southwalesguardian.co.uk	01269 592781
South Wales Evening Post , Spencer Feeney	spencer.feeney@swwmedia.co.uk	01792 510 000